Flask

--> Making websites

--> Rest APIs

--> micro web services

--> light weight module

REST APIs

RE --> Representational

S --> State

T --> Transfer

API --> Application Programming Interface

An API is an interface through which one program or web site talks to another.

They are used to share data and services, and they come in many different

formats and types.

Representational State Transfer (REST) is an architectural style that defines a set of constraints to be used for

creating web services. REST API is a way of accessing web services in a simple and flexible way without having any

processing.